Fr. Clement's email: FrClementOrango@brcdt.org

Parish Website: www.sttheresastansted.org

Parish website editor: church-website@zunigadaly.com

Parish email: stansted@brcdt.org

Twitter: @StStansted Instagram: sttheresastansted **Parish Hall Bookings:** Please email/contact Fr. Clement

St Theresa of Lisieux Catholic Parish Stansted

(The Presbytery. High Lane, Stansted Mountfitchet, CM24 8LQ)
Part of a Registered Charity No. 234092 (BRCDT)

Priest in Charge: Fr. Clement Orang'o Tel. 01279 814 349 Parish Safeguarding: Susan Gurney safestansted@brcdt.org

Fourth Sunday of Advent (Weekday Reading proper) Eucharist Prayer II Memorial Acclamation –2

The Fruits of the Holy Spirit: Love, Joy, Peace, Kindness, Forbearance, Goodness, Faithfulness, and Self-Control (Gal 5:22-23). We pray for each other and for the whole world so that the fruits of the Holy Spirit may be found in all peoples.

Date -2025	Time	MASS INTENTIONS OFF	ERED LITURGY OF THE DAY
Dec		Livestreamed (via YouTube or on our	r website) Div. Off. Psalter Week 4
Saturday 20 th	6.00 pm	For the intentions and prayers for Jeanne &	David B. 4 th Advent Sunday Vigil
Sunday 21st	8.30 am 10.00 am	For the intentions & prayers for Sarah Samu For those we have sent & received Christma	
Monday 22 nd		9	
Tuesday 23 rd	10.00 am	For those who are sick or struggling in an	y way Advent Feria
Christmas Eve	4.30 pm 8.00 pm 11.30 pm	Intentions & welfare of all our children and Intentions & welfare of Fr Clement's family For Noel Watkins and our deceased relatives	and friends Christmas Vigil Mass
Christmas Day	8.30 am	For the prayers and intentions of the people	of the Parish Nativity of the Lord
Christmas Day	10.00 am	for the prayers and intentions of the people of	of the Parish Nativity of the Lord
Saturday 27 th	6.00 pm	For Margaret Katherine Aldridge R.I.P (Ton	Holy Innocents Holy Family Vigil
Sunday 28 th	8.30 am 10.00 am	For the intentions and prayers of the people For the youth of parish and deep faith in our	

Confessions Saturdays at 5.15 pm to 5.45pm

Offertory: Thank you very much for your generous support. Cheques are made payable to: Catholic Church Stansted St Theresas. For online donations, our parish Account Number: 41017519, Sort Code: 401322, and account name: Catholic Church Stansted St Theresas.

Carol Service TODAY Sunday 21st December at 3.00 pm:

Please invite your family and friends to this service. Refreshments, mulled wine and mince pies will be served.

CHRISTMAS RAFFLE £1 per Ticket: Please buy the tickets and you stand a chance to win 1st Prize £50, 2nd Prize Christmas Hamper, 3rd Prize Small Christmas Hamper, plus lots of more prizes to be won-Draw TODAY at Christmas Concert on 21st December.

Christmas Flowers Collection TODAY- Please be generous as flowers are quite expensive this time of year. Thank you so much.

I wish you the Joy and Peace of the Lord this Christmas:

There is something about a little child that brings out the best in us and calls forth gentleness, patience, love and sacrifice from us. Who wouldn't want to smile back to a smiling child? Who wouldn't want to love and protect an innocent child? A baby deserves attention and love from all of us.

The mysterious and astonishing message at the centre of Christianity is that God became a baby in Jesus. All powerful God, the creator of the universe, became a baby. This Divine Child is placed on this Christmas day in our laps and arms. **We love God.**

GOOD NEWS: Older First Holy Communion Candidates will receive Jesus, the Blessed Sacrament of the Altar, NEXT Sunday, the Feast of the Holy Family. I feel blessed to have met these candidates and journey with them to the Altar of God. We have been doing preparatory Lessons which will continue as they prepare to celebrate the Sacrament of Confirmation next year. Please pray for all our Candidates and their families.

I am eternally grateful: I would like to offer my heartfelt thanks and appreciation to all who responded and helped me to raise funds to pay for the repatriation of Sabina Uche's mortal remains to Nigeria. Your help and support in this matter is definitely one of the most striking and poignant moments in my priestly ministry. Furthermore, we now have a **Parish Hardship Fund** which will be used to help the needy. This was set up as a result of Sabina's Appeal – we have a balance of £400. Sabina's body arrived safely in her village and from what I am seeing is that her entire village is gathering not only in sorrow and prayer but also in a joyous celebration with many cultural elements. Her funeral Mass takes place on Monday 22nd December. Sabina's eulogy which was written and read by Frances Roberts made me think what a devout and saintly parishioner she was.

We sincerely thank all our Volunteers: Christmas season is one of the fitting moments to sincerely say thank you to ALL for every help and support we have received throughout the year. On behalf of the Parish, I am immensely grateful to all volunteers who give their time and skills to support the mission of the parish. More recently, I was deeply touched by Sarah Samuels who offered to do the Newsletter and John Richardson who offered to do the administration. We need more volunteers! A Mass will be offered to pray for the intentions and welfare of all volunteers. Thank you all and may God Bless you.

COLLECTIONS FOR CHRISTMAS EVE & CHRISTMAS

DAY: Are our community's personal gift to Father Clement. Many thanks to those who have already given their Christmas gift in a personal way in a Christmas card or otherwise.

Everyone is warmly welcomed & appreciated here: I have been so happy to see new parishioners and I thank God for everyone who comes to Mass here. I would like to welcome everyone to our parish especially those who are new or joined us recently. As a parish, we all hope to be friendly and welcoming – so do please come to the Parish Hall after Mass to meet fellow parishioners and share tea/coffee. May everyone feel warmly welcomed, valued and respected in this parish. Here, in the House of the Father, nobody is entitled to judge anyone for to do so is a sin – (Do not Judge Matthew 7:1). Here, no one will question you about your personal or professional life. We are all equal and the same before God. As a parish family, we are all united in the Mission of Christ. We support each other and we pray for each other's intentions and salvation. If you are new, please let me know your details/address for pastoral reasons.

A Prayer to St Joseph:

O Blessed Joseph, husband of Mary, be with us this day. You protected and cherished the Virgin; loving the child Jesus as your Son, you rescued Him from the danger of death. Defend the Church, the household of God, purchased by the blood of Christ. Guardian of the Holy Family, be with us in our trials. May your prayers obtain for us the strength to flee from error and wrestle with the powers of corruption so that in life we may grow in holiness and in death rejoice in the crown of Victory. St Joseph, pray for us who have recourse to thee. Amen. Hail Mary

A quote from Carlo Acutis- to be canonised 7th September

- a) I never fail to keep the most gracious appointment of the day: Recitation of the Holy Rosary. Praying the Rosary is my shortest ladder to heaven. The Rosary takes us to Jesus through Mary to Heaven.
- b) I love you Jesus, come right in, and make yourself at home in my heart (Carlo would solemnly kneel and say this prayer after receiving holy Communion).

PLEASE GIVE A MASS INTENTION: Please speak to the priest before or after Mass if you wish to offer him a Mass intention to dedicate on a Sunday during Mass or during the weekday Masses here in our parish Church. Thank you.

Please bring Food Bank items and we will distribute them to the needy within our community. Thank you.

Please take "My Catholic Funeral Mass Instructions" Leaflet by the Catholic Church in the UK.

Preparation to receive Holy Preparation of the Sacraments is now underway

 First Holy Communion and Confirmation Lessons have started.
 There is a small window to invite more candidates but the closing date will be 28th September 2025. People of all ages are welcome to join. Please speak to me after Mass. I would like to ask everyone to pray for the intentions of all our candidates

Dear St Anne, mother of Mary and grandmother of Jesus. Pray for our families in every generation. Help our children and grandchildren to grow in faith and to live their lives in loving service to others and in gratitude and praise to God. Be with elderly members of our families who need comfort and courage as they face the problems and pains of old age. Be with parents as they try to do the best for their children in giving an example of faithfulness and true values. We ask your help for members of our family who are sick or in need at this time, and especially for those families who are broken and suffering. St Anne, mother, grandmother, friend, pray for us all. Amen. Hail Mary....

HALL BOOKINGS: – So that I can take FULL responsibility in case of any intended or unintended consequences, please send me an email directly so that I can make a decision to book your event if at all possible. I thought it is time we started to remind ourselves of some basic guidelines. Please do not assume that the Hall is booked for your event until I have given you a written permission via relevant hall forms.

Devotion to the Sacred Heart: Would you like Christ to heal your home, heal your relationships, your marriage, your illnesses and your children? Would you like Christ to help you with family differences and tensions? Would your like Christ to help you financially and holistically? Would you like Christ to Protect you against internal and exterior attacks from the enemy? Christ is All and is in All (Col 3:11). Our Saviour, Christ the Lord, has the answer and the hope we need in every situation of our lives. The Sacred Heart Devotion is a beautiful way to encounter Our Lord. The Sanctuary of the Sacred Heart at Paray-Le-Monial, France, has prepared a 12-steps presentation on the meaning of the Devotion to the Sacred Heart. I recommend this presentation to everyone. Please visit our website to read this presentation: https://www.sttheresastansted.org/sacred-heart-devotion/

Jesus revealed to Saint Margaret Mary the secrets of His Heart and the wonders of His love. This is a grace we can ask for as well. It is the grace received by Saint Margaret Mary, the grace that thousands of pilgrims have received, the grace of the Heart of Jesus: to encounter the personal love of Jesus for me. Jesus affirms that His love is for all humanity, and for each one of us in particular. It is as if Jesus is saying: My Heart remains restless until what I have done for all humanity takes on a personal shape and a particular rooting in your life. At Paray-le-Monial, Jesus tells us that the love He has for all humanity, the salvation He works for all humanity, His presence that He maintains with all humanity.....He wants this to take on a wholly personal reality in each of our lives. Please read the twelve steps on our website – You may choose to read two steps daily and think about them.

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